

24th Eastern European Conference

Adazi Free Waldorf School, Latvia

12 - 16 July 2017

The Great Metamorphosis of a Teenager

contact:

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Eastern European Conference

● 12.07.17. - 16.07.16. ●

TIMETABLE

12.07.17.

- 13:30 - 15:30 | Registration
- 15:30 - 16:30 | Lunch
- 16:30 - 17:00 | Greeting
- 17:00 - 18:30 | Lecture
- 18:30 - 19:30 | Dinner
- 19:30 - | Lecturer Meeting

13/14/15.07.17.

- 08:30 - 09:15 | Breakfast
- 09:15 - 09:30 | Greeting + Announcements
- 09:30 - 11:00 | Morning Lecture
- 11:00 - 11:30 | Tea break
- 11:30 - 13:00 | Theoretical Work Group
- 13:00 - 14:30 | Lunch
- 14:30 - 15:30 | Practical Work Group
- 15:30 - 16:00 | Tea break
- 16:00 - 17:00 | Practical Work Group
- 17:00 - 18:00 | Dinner
- 18:00 - 19:30 | Evening Lecture
- 19:30 - | Lecturer Meeting

16.07.17.

- 08:30 - 09:15 | Breakfast
- 09:15 - 09:30 | Greeting
- 09:30 - 11:00 | Lecture
- 11:00 - 11:30 | Tea break
- 11:30 - 12:30 | Theoretical Work Group
- 12:30 - 12:45 | Break
- 12:45 - 13:45 | Practical Work Group
- 13:45 - 14:00 | Final Assembly
- 14:00 - 15:00 | Lunch
- 15:00 - | Lecturer Meeting

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INTRO LECTURE

- 1 Vita Valdmane (Latvia)
Mara Svilane (Latvia)
Andreas Ossapofsky (Germany)

12th of July

The Great Metamorphosis of a teenager



Privātā vidusskola
Ādažu Brīvā Valdorfa skola

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MORNING LECTURES

1 Johannes Kühl (Germany)

13th of July

*The Role of Science during
puberty*

2 Andreas Ossapofsky (Germany)

14th of July

Parsifal or how to become an adult

3 Rolands Ozols (Latvia)

15th of July

*Personality development at school
through competence based
education approach*

4 Godi Keller (Norway)

16th of July

*How do we inspire teenagers to
become responsible citizens of the
world*



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EVENING LECTURES

- 1 Andreas Ossapofsky (Germany)
Beate Schreiber (Germany)

13th of July

*There is no joy without
frustration: brain development
from 0 to 16 years of age*

- 2 Ara Atayan (Armenia)

14th of July

*World history through the prism
of individual destiny*

- 3 Inga Zemite (Latvia)

15th of July

Paradigms in Latvian literature



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THEORETICAL WORK GROUPS

1 **Noëmi Böken** - You With Me: Social Aspects of Eurythmy

Sharing experience working with prisoners in Thailand, orphans in Nepal, children on the Great Wall of China and staff at Klinik Arlesheim in Switzerland.

2 **Christine Cornelius** – History of Modern Art 20th and 21st century

How do we help our students to become citizens of the world. Studying and observing pictures of works of art and trying to let the work of the artist speak to us. Course will talk about what happens when we observe and how that can help students find orientation in this bewildering world of ours. The anthroposophical art historian, Hans -Dieter Rudolf is an Inspiration for the course: he wrote a book: Unvollendete Schöpfung, Unfinished Creation.

3 **Volker Bertleff** - The metamorphosis of human body in puberty

How your body changes during puberty and the consequences for movement, posture and inner attitude.

4 **Olaf Koob** - Drugs, addiction and eroticism: challenges around puberty

5 **Beate Schreiber** - Understanding different aspects of dyslexia

Learning from children's and teenagers biographies

6 **Andreas Ossapofsky** - Physical and soul changes in the age of 12 to 16

7 **Ton Mensenkamp** - Art as a practice in classes 9 till 12. Learning by doing.

In the Amsterdam Waldorf school we developed ways to actualise the original class-themes into contemporary techniques. Graphic art of Dürer in class 9 turned to etching using Rembrandt and others as an example. Goethe's theory of colour was the starting point for Physics, Writing and video filming as an exercise in unveiling the language of movies and clips.



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THEORETICAL WORK GROUPS

8 **Ara Atayan** - General Human Knowledge from
Rudolf Steiner

“Human-knowledge as a foundation of pedagogy “ – the first four lectures of this lecture course is to serve as an impulse for understanding the fundamental work of a teacher that R. Steiner was reading in 1919 at the opening of the first Waldorf School. Studying these lectures together, we will discover keywords that can later be useful for work as a teacher. It helps for the course if you have read the lectures before, but its not necessary.

9 **Godi Keller** - Biology

10 **Johannes Kühn** - Natural Science in Highschool
Education

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PRACTICAL WORK GROUPS

- 1 **Noëmi Böken** - Eurythmy
- 2 **Ton Mensenkamp** - Art: Learning through doing
- 3 **Christine Cornelius** - Ago-Drama: theatre and role-playing to get in touch with the soul qualities based on 7 planets. A way of looking at adolescents (and yourself) in the social field.
- 4 **Volker Bertleff** - Bothmer gymnastics
- 5 **Harijs Zemitis** - Clay modelling
- 6 **Dace Skreba** - Mechanical sewing
- 7 **Ara Atayan** - Circus
- 8 **Michael Baumgartner** - Ideals & Role models When Growing Up
- 9 **Xiaowu Qin & Wing-Kheong Liew** - Music: Songs and Dances of Chinese minorities
- 10 **Kārlis Žols** - Meditative life of a teacher

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CONTRIBUTORS

Noëmi Böken



Germany

Noemi is a Waldorf graduate. She worked as a Eurythmy teacher for 10 years for grades 1 to 12. She has worked at a youth prison in Thailand, and has worked with drug addicts in Germany. In 2014 she studied to be a Curative Eurythmist. At the moment Noemi works as a Social Eurythmist at 2 hospitals in Switzerland.

Christine J. Cornelius



Netherlands

Majoring in History of Art, Dramaturgy and English, Christine has worked in the field for over 45 years. She has been a Waldorf educator from 1969 to 2012 full time. Now Christine devotes her time to train and inspire new Waldorf schools and initiatives all around the world.

Volker Bertleff



Germany

Certified Bothmer gymnast, Trainer and Body Worker. Since 2000 Trainings at the workplace for nonprofit and for-profit organisations. Therapy management and it's administrative.

Dr. med. Olaf Koob



Germany

Met Anthroposophy in a school for children with special needs in Sussex, England. Medical training in Germany and England. Thesis on R. Steiners concept of healing and illness. Worked for many years in a clinic for drug addiction and as school doctor in Waldorf schools. Worldwide lecturing and author of several books on drugs, depression, anthroposophical medicine. In spring 2017 first English translation of " If the organs could speak. Basis of physical and mental health."

Beate Schreiber



Germany

Born in Leipzig. Worked as a teacher for 43 years, 23 years of them in Waldorf school of Dresden as a teacher for special education, for children with special needs - with learning difficulties or on the contrary extremely gifted children. At the moment freelances in adult education. Educated as teacher for special education, Waldorf teacher, educational therapist, ROTA therapist.

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Dr. med. Andreas Ossapofsky



Germany

Andreas is born in a city of Chemnitz in Germany. He grew up with his mother alone and he had a good relationship with his father. In youth he was strongly influenced by people from Christian Community. 1973 – 1978 studied Human Medicine in Leipzig. 1984 General medicine specialist. 1986 - Promotion Charité Berlin. In 1990 Dresden Waldorf school opened, worked as a school doctor. From 1991 has a doctors office. Since 1990 took part in the Anthroposophical doctor union establishment. Also since 1990. part of Eastern European Conference.

Ton Mensenkamp



Netherlands

Major in Painting, Education and Art Therapy. 1970-1977 Art Therapist in Therapeuticum Haarlem and Amsterdam. 1969- 2001. Waldorf education in Amsterdam and abroad. Teaching at Geert Groote College Amsterdam in Creative Arts. Member of In Service Training. Chairperson for Intern Conference Waldorf School Amsterdam. Active in teacher-training in Sweden (Järna), South-Africa, (Inkanyezi), Nepal and China.

Ara Atayan



Armenia

Ara is one of the founders of Aregnazan Waldorf School in Erevan. He works there already for 22 years. He has been a class teacher for 2 classes, taught all the subjects for 8 years. He is a history and art teacher at the High School. Also teachers religion, perspective and circus in Primary and High School. He is a leader of 3-year Waldorf teacher seminar. Represents Armenia in the European Steiner Waldorfpedagoqy council.

Godi Keller



Norway

Godi, born 1952, has been a Waldorf teacher in Norway for three decades, the last one as a lecturer at the Rudolf Steiner University College in Oslo. He is today working as a freelance lecturer and writer both in Waldorf- and in public schools and kindergartens, and in many other connections in Scandinavia, Slovenia, Croatia, Czech Republic, the Baltic countries, Iceland and Armenia. This summer he's also involved in public and private teacher training programs in the Indian cities Pune, New Delhi, Rajpur, Bangalore and Chennai. He has written three books, one is translated into four languages.

Johannes Kühl



Germany

Johannes Kühl was born 1953 in Hamburg, Germany. He studied physics in Hamburg and Göttingen. After one year of research at the science section at the Goetheanum he taught physics, chemistry and mathematics at the Waldorfschool Stuttgart Umlandshöhe. Since 1996 he is the leader of the science section at the Goetheanum. His research interests are didactics of physics, goetheanistic optics and mechanics.

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CONTRIBUTORS

Harijs Zemītis



Latvia

Harijs is a teacher at Adazi Free Waldorf School already for 23 years. Has been a class teacher as well teaches various art subjects - painting, modelling, wood work, metal work, stone carving. Harijs teaches history of architecture, technical drawing and also Nature Sciences in Primary School. Takes active part in Waldorf Children Summer Camps and joins many Waldorf seminars as an art lecturer. His passion is photography, he teaches after school photography class at school.

Dace Skreba



Latvia

Works at Riga Waldorf school already for 20 years as crafts and technology teacher. Dace gained teacher as well as craft specialist diploma in University of Liepaja, Latvia and in Mannheim - Academy of Waldorf Education.

Michael U. Baumgartner



Switzerland

Studied applied ethics, intercultural work and conflict management, Social Work, coaching, organisational development, sustainable development, NLP, international human rights instruments, and biography work. Worked with NGO's - environmental justice and protection, corporate accountability, integration, adult education, health promotion, human rights. Specialises in community empowerment. Member of the School of Spiritual Science at the Goetheanum, Switzerland.

Vita Valdmane



Latvia

Homeopathic doctor with Anthroposophical medicine's experience. Since 1998 part of Rozkalni Camphill committee. Married with three children.

Mara Svilāne



Latvia

Born in 1972 Latvia. 1991 after graduating from Pedegogy School of Riga, Mara studied in Kile for 2 years at Waldorfteacher seminar. In 1993 Riga Waldorf School was founded, where she worked as a class teacher. Since 2004 she is the school's principal. Parallel to her work, Mara also gained bachelor and masters degree in pedagogy. Since 2012 she studies Anthroposophical speech course remotely in Hamburg. She is board member of Waldorf School association in Latvia, represents Latvian Waldorf education abroad. She leads Waldorf seminars.

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Rolands Ozols



Latvia

Rolands is currently a CEO of the Institute of Lifelong Learning and Culture "VITAE" which is an institution that works to foster innovations in the fields of education, science and culture. Being an educator for more than 20 years, he is also a consultant in education practice, management and policy issues, coaching in critical and creative thinking, and offers a diverse range of work-based teacher professional training courses. Formerly been a Secretary General of the National Commission for UNESCO, Board Member of the UNESCO Institute of Statistics,

Inga Zemīte



Latvia

Since 1997 Inga works at Adazi Free Waldorf School as a Latvian language and Literature teacher for teenagers and high-schoolers. For the fourth time Inga is a class teacher. Together with Agency of Latvian language she has organised workshops and led seminars for Latvian public school teachers on how to develop thinking habits through native language and literature. Through this program there has been many books and work material published. In the future with a lot of free time on her hands, he will write novels...

Kārlis Žols



Latvia

Teacher at Adazi Free Waldorf School as well as Riga Tornkalns Waldorf School. Lutheran pastor - worked in Latvia as well as in the USA. Lassie Kontempationsschule program's participants in Latvia. Researching Western mysticism and meditative traditions. In his work emphasises importance of meditation in work as a teacher as well.

Wing-Kheong Liew



Great Britain

Before moving to Europe Xiaowu and Wing both worked at Nanshan Beijing Waldorf school, Xiaowu as a music/classical guitar teacher, as well as teaching English; Wing as an English and woodwork teacher. They now live in Berlin with their son and have started a Chinese culture exchange company. They continue to also work with their old school in Beijing and other Waldorf communities around the world.

Xiaowu Qin



China

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FEES

Conference

60 EUR

Food

Breakfast - 2.50 EUR (per time)

Lunch - 3.50 EUR (per time)

Dinner - 3.50 EUR (per time)

Accommodation at school

2 EUR (per day)

** Donations are welcomed and much appreciated*

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OTHER ACCOMMODATION OPTIONS AROUND

Guest House Meijas: <https://www.booking.com/hotel/lv/meijas.en-gb.html>

Baltvilla: <https://www.booking.com/hotel/lv/baltvilla.en-gb.html>

Port Hotel: <https://www.booking.com/hotel/lv/port-adazi.en-gb.html>

Guest House Zimmerfrei: <https://www.booking.com/hotel/lv/zimmerfrei.en-gb.html>

Villa Baltezers Lakeside: <https://www.booking.com/hotel/lv/villa-baltezers-lakeside.en-gb.html>

Vanaga Ligzda: <https://www.booking.com/hotel/lv/vanaga-ligzda.en-gb.html>

Guest House Niki: <http://www.booking.com/hotel/lv/niki-motel.lv.html>

Hostel Tale: <http://www.booking.com/hotel/lv/tale.en-gb.html>

Camping Leiputrija: <http://www.booking.com/hotel/lv/leisure-complex-leiputrija.lv.html>

Guest House Jaunstrurisi: <http://www.booking.com/hotel/lv/jaunstaaraaa-i.lv.html>

Guest House Eiropa: <http://www.booking.com/hotel/lv/viesu-nams-eiropa.en-gb.html>

Guest House Gungas: <http://www.booking.com/hotel/lv/viesu-nams-gungas.en-gb.html>

Guest House Annas: <http://www.annas.lv>

Hotel Porto Resort: <http://www.booking.com/hotel/lv/medzabaki.en-gb.html>

Holiday House Oskars: <http://www.booking.com/hotel/lv/oskars.lv.html>

Camping Busas: <http://www.booking.com/hotel/lv/camping-bua-as.lv.html>

Recreation Centre Lilaste: <http://www.booking.com/hotel/lv/lilaste.en-gb.html>

Holiday House Juras Straupes: <http://www.booking.com/hotel/lv/brivdienu-maja-juras-straupes.lv.html>

Hostel BalticInn: <http://viesunamiem.lv/balticinn>

Camping Uzkalni: <http://viesunamiem.lv/uzkalni>

Guest House Vinden: <http://www.vinden.lv>

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EXTRA INFORMATION

- All participants must bring indoor shoes.
- At school there will be showers. Bring your own towels.
- At school you won't be able to cook your own food.
- Bring your own mats and sleeping bags for sleeping at the school.
- You can also sleep in your own tents at the school garden.
- Lectures and Working Groups will be held either in English or German with translation in Latvian or in Latvian with translation in English.

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SIGN UP

HERE

*After filling in the Registration Form, we will send you
the final price and payment details*